BREAKFAST CHANGES LIVES

HOW?

KIDS WHO EAT SCHOOL BREAKFAST...

MISS LESS SCHOOL
They attend an average of 1.5 more days per year

DO BETTER IN MATH:
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They average 17.5% higher math test scores

MORE ATTENDANCE + HIGHER MATH SCORES =

20% more likely to graduate high school

AND KIDS WHO EAT BREAKFAST REAP THE BENEFITS AS ADULTS, TOO:

High school graduates on average earn $10,000 more annually

Less likely to experience HUNGER as adults

BUT HERE’S THE PROBLEM

NOT ENOUGH KIDS ARE EATING SCHOOL BREAKFAST.

21 MILLION U.S. kids get free or reduced-price school lunch

Only 1/2 of those kids get breakfast, even though they’re eligible

Too many kids are showing up to school hungry. And hungry kids can’t learn.

BREAKFAST CAN CHANGE THEIR LIVES

No Kid Hungry starts with breakfast

Learn how you can help at NoKidHungry.org/Breakfast

Data via Share Our Strength’s No Kid Hungry campaign, available at NoKidHungry.org/Breakfast.